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**SAFETY IS AN INVESTMENT IN YOUR FUTURE.**

Everything starts with Safety at IEC

**Winter Slips, Trips and Falls**

**Toolbox Talk #** **5006**

Year after year, safety professionals cite slips, trips and falls (STF) as one of their top problems.

Factor in winter weather conditions like ice and snow and you’ve added a new level of risk.

Do not walk across the parking lot carrying things—having your hands full can affect your balance and also reduce your hands’ ability to act as a safety net if you fall. When arriving at a building, drop your stuff off at the door first, then park and make your way across the parking lot.

* Once a parking spot is found, it’s important to test your footing before committing your weight upon exiting the vehicle. Use the vehicle for support when exiting if necessary.
* When taking steps, make sure they’re small and shuffle your feet. It’s also a good idea to slow down. The time it takes to fall and recover takes much longer to reach your destination than if you slowed down your overall pace to begin with.
* Focus on the area in which you’re walking. Avoid uneven surfaces and black ice, where possible, and note that elevated surfaces like a ramp or stairs may be more slippery than the ground below.
* Wear appropriate footwear for winter. It’s advisable to change footwear once you’ve entered the building for a few reasons:

Winter boots are designed to be more slip-resistant, have more traction and make it easier to add ice-grips if desired. Other footwear may create hazards if they have a heel or the tread on the bottom is smooth.

Winter weather can create slippery floor surfaces when footwear is not changed once entering the building. Caked-on snow or ice can leave behind wet spots on the floor when outdoor footwear is worn inside the building. Changing footwear eliminates the safety hazards for not only the person entering the building but any other people that would encounter the wet spot on the floor.

Please read and understand this important document and sign on the reverse side that you have done so.

YOUR SIGNATURE ON THE REVERSE SIDE INDICATES THAT YOU HAVE READ AND UNDERSTAND THE CONTENTS OF THIS DOCUMENT.

Phone 614-473-1050 email: JVan@IECCentralOH.org website: [www.ieccentraloh.org](http://www.ieccentraloh.org)

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Attendance – Toolbox Talk

Company / Employer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Topic: Winter Slips, Trips and Falls

# I have read and understand Toolbox Talks, topic as shown, on date indicated.

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