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**SAFETY IS AN INVESTMENT IN YOUR FUTURE.**

Everything starts with Safety at IEC

**Being Prepared for Winter Weather**

Toolbox Talk # 5038

[**Being prepared for winter weather can be as easy a 1-2-3.**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vcmVhZHkub2hpby5nb3YvYXJlLXlvdS1yZWFkeS93aW50ZXItc3Rvcm1zP3V0bV9jb250ZW50PSZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9uYW1lPSZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5JnV0bV90ZXJtPSIsImJ1bGxldGluX2lkIjoiMjAyNDAxMTguODg3ODEzMzEifQ.U7wCpISEhlub_7Se8W9eJUqv1wMg530sFSFUakpXQQI/s/1223667730/br/235634413789-l)

1. [**Prepare your family.**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDIsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd2VhdGhlcnNhZmV0eS5vaGlvLmdvdi93ZWF0aGVyLXNhZmV0eS93aW50ZXItd2VhdGhlci93aW50ZXItc2FmZXR5LXRpcHMvd2ludGVyLXNhZmV0eS10aXBzP3V0bV9jb250ZW50PSZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9uYW1lPSZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5JnV0bV90ZXJtPSIsImJ1bGxldGluX2lkIjoiMjAyNDAxMTguODg3ODEzMzEifQ.636lLdRj1EfpbqU-yodTrBID9FwbConhSls5jL0zBKk/s/1223667730/br/235634413789-l)

* Know where to get [emergency communications](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vZW1hLm9oaW8uZ292L3ByZXBhcmUtcmVzcG9uZC9iZS1wcmVwYXJlZC9wcmVwYXJlZG5lc3MtcmVzb3VyY2VzL2VtZXJnZW5jeS1jb21tdW5pY2F0aW9ucz91dG1fY29udGVudD0mdXRtX21lZGl1bT1lbWFpbCZ1dG1fbmFtZT0mdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSZ1dG1fdGVybT0iLCJidWxsZXRpbl9pZCI6IjIwMjQwMTE4Ljg4NzgxMzMxIn0.ml7s-tjsIgQk4rz6AmEKmlvg-f7b5yFPOUgQhB2CDRA/s/1223667730/br/235634413789-l).
* Check the weather forecast before engaging in outdoor activities.
* If going outside, bundle up and dress in layers. Limit your time outside. Try to have as little skin exposed as possible. Know that frostbite can occur on exposed skin in less than 10 minutes.
* Avoid overexertion when engaging in outdoor tasks, such as shoveling snow. Take breaks when you feel tired or strained.
* If you have pets, bring them indoors. If you cannot bring them inside, provide adequate shelter to keep them warm and make sure they have access to water.
* Check on your neighbors that may need assistance.
* Give livestock warm shelter and access to unfrozen drinking water.
* Know the signs of hypothermia. They include shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech, and sometimes drowsiness in older adults and children. In infants, symptoms can include bright red or cold skin and very low energy.

1. **Prepare your home.**

* Some preventative actions to take include protecting water pipes.
* Be cautious of carbon monoxide danger. Symptoms of carbon monoxide poisoning include: headaches, fatigue, dizziness, shortness of breath, chest pain, nausea/vomiting, confusion and drowsiness or unconsciousness. If you or anyone in your home are experiencing any of these symptoms, or your carbon monoxide detector’s alarm sounds, leave the home immediately and call 911.
* [Understand generator safety](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDQsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vZW1hLm9oaW8uZ292L3ByZXBhcmUtcmVzcG9uZC9iZS1wcmVwYXJlZC9wcmVwYXJlZG5lc3MtcmVzb3VyY2VzL3BvcnRhYmxlLWdlbmVyYXRvci1zYWZldHk_dXRtX2NvbnRlbnQ9JnV0bV9tZWRpdW09ZW1haWwmdXRtX25hbWU9JnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkmdXRtX3Rlcm09IiwiYnVsbGV0aW5faWQiOiIyMDI0MDExOC44ODc4MTMzMSJ9.BP_NYUkycx-E83gv4IumQ0gzvFvaLeXAAY6GE3bPYy8/s/1223667730/br/235634413789-l). Generators can be helpful when the [power goes out](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDUsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vd3d3LnJlYWR5Lmdvdi93aW50ZXItcmVhZHk_dXRtX2NvbnRlbnQ9JnV0bV9tZWRpdW09ZW1haWwmdXRtX25hbWU9JnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkmdXRtX3Rlcm09I3Bvd2VyIiwiYnVsbGV0aW5faWQiOiIyMDI0MDExOC44ODc4MTMzMSJ9.tVODrvO6904ZXDhQOhu8-c-oWyjOJooh2VMidCtd0zg/s/1223667730/br/235634413789-l). It is important to know how use them safely to prevent carbon monoxide poisoning and other hazards. Generators and fuel should always be used outdoors and at least 20 feet away from windows, doors, and attached garages. Install working carbon monoxide detectors on every level of your home.

1. [**Prepare your Vehicle**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDYsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHBzOi8vZW1hLm9oaW8uZ292L3ByZXBhcmUtcmVzcG9uZC9iZS1wcmVwYXJlZC9wcmVwYXJlZG5lc3MtcmVzb3VyY2VzL3dpbnRlci1kcml2aW5nLXNhZmV0eT91dG1fY29udGVudD0mdXRtX21lZGl1bT1lbWFpbCZ1dG1fbmFtZT0mdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSZ1dG1fdGVybT0iLCJidWxsZXRpbl9pZCI6IjIwMjQwMTE4Ljg4NzgxMzMxIn0.OjlPdXizn61LJuljH6w4xGvttLEpHOg8_iB5n9RfAls/s/1223667730/br/235634413789-l)**.**

* If you’re traveling, make sure you have a winter emergency kit in your vehicle. Items to include: flashlight, extra batteries, tools, high-energy snacks, bottled water, car charger for cell phone, extra jackets, gloves, hats, blankets, tools, and battery jumper cables.
* Remember these key phrases: Ice and Snow, Take it Slow & Don’t Crowd the Plow!
* Give snow plow crews plenty of room to work. They travel slower than most other vehicles on the roadway as they clear snow and treat roadways.

Allow extra travel time to reach your destination. This helps avoid driving too fast for the conditions.

 Before you head out during winter weather, always check the weather forecast and learn about road conditions and road closures by visiting the [OHGO](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDcsInVyaSI6ImJwMjpjbGljayIsInVybCI6Imh0dHA6Ly93d3cub2hnby5jb20_dXRtX2NvbnRlbnQ9JnV0bV9tZWRpdW09ZW1haWwmdXRtX25hbWU9JnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkmdXRtX3Rlcm09IiwiYnVsbGV0aW5faWQiOiIyMDI0MDExOC44ODc4MTMzMSJ9.jbr8ln0JeOp1xD3n3XIYnRz2ncnJMb19Px3nP1Tm9oY/s/1223667730/br/235634413789-l).

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Phone 614-473-1050 email: JVan@IECCentralOH.org website: [www.ieccentraloh.org](http://www.ieccentraloh.org)

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Attendance – Toolbox Talk

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Topic: Being Prepared for Winter Weather

# I have read and understand Toolbox Talks, topic as shown, on date indicated.

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